

Calendar 2025-26

We do our best to adhere to everything on this calendar, but some edits will inevitably have to be made. We will communicate those!

Follow us on @cheerforNGHS on Instagram for reminders and updates

**The color listed on practice days is the tshirt color cheerleaders should wear unless your specific coach tells you otherwise!

(it does not have to be a specific North shirt, just a shirt in that color!)

	August 2025							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
3	4 FIRST DAY OF SCHOOL COMP: V 2:30-4:00 JV 3:30-5:00 SPIRIT: 9th Football 2:30-3:45 RED	5 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	6 SPIRIT: 9th Football 2:30-4:15 GAME DAY: 3:45-5:30 PLAYA BOWLS SPIRIT NIGHT 4:00-7:00 GREY	7 COMP: V 2:30-4:00 JV 3:30-5:00 WHITE	8 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football vs So Gwinnett @ home 7:30 pm	9 COMP: Team Pool Party @ Caceres'		
10	11 COMP: V 2:30-4:00 JV 3:30-5:00 SPIRIT: 9th Football 2:30-3:45 RED	12 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	SPIRIT: 9th & JV Football 2:30-4:15 V Football: 3:45-5:30 GREY	14 COMP: V 2:30-4:00 JV 3:30-5:00 WHITE	15 COMP: V 2:30-4:00 JV 3:30-5:00 NEON	16 Corky Kell @ Mercedes Benz @ 7:00		
17	18 COMP: V 2:30-4:00 JV 3:30-5:00 SPIRIT: 9th Football 2:30-3:45 RED	19 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	20 SPIRIT: 9th & JV Football 2:30-4:15 GAME DAY: 3:45-5:30 GREY	21 COMP: V 2:30-4:00 WHITE 9th FB @ Norcross 6:00 pm JV FB Norcross Home 6:00 pm	COMP: Team Pictures (bring your uniform to school with you)	23		

24	25	26	27	28	29	30
	COMP: V 2:30-4:00 JV 3:30-5:00 SPIRIT: 9th Football 2:30-3:45 RED	COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30 GREY	COMP: V 2:30-4:00 WHITE 9th FB Parkview Home 6:00 pm JV FB @ Parkview 6:00 pm	COMP: No Practice V Football vs Colquitt @ home 7:30 pm	

	September 2025								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
31	1 LABOR DAY No Practice	2 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	3 SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30 GREY	4 COMP: V 2:30-4:00 WHITE 9th FB Mill Creek Home 6:00 pm JV FB @ Mill Creek 6:00 pm	5 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football vs Mill Creek @ home 7:30 pm	6			
7	8 COMP: V 2:30-4:00 JV 3:30-5:00 RED	9 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK GAME DAY 3:45-5:30	SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30 GREY	COMP: V 2:30-4:00 WHITE GAME DAY 4:00-5:30 9th FB @ Brookwood 6:00 pm JV FB Brookwood Home 6:00 pm	12 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football @ Brookwood 7:00 pm	13 COMP: Showcase @ North			

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NGFA Mock Cheer-Off @ North *Not mandatory but come support your youth teams!	15 COMP: V 2:30-4:00 JV 3:30-5:00 RED	16 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30 GREY	COMP: V 2:30-4:00 WHITE GAME DAY 4:00-5:30 9th FB @ Collins Hill 6:00 pm JV FB Collins Hill Home 6:00 pm	19 DIGITAL DAY COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football @ Parkview 7:00 pm	COMP: Competition @ Mill Creek (JV & V) Suwanee Fest *Parade participation is mandatory for all spirit cheerleaders
NGFA Cheer-Off @ Gas South	22 COMP: V 2:30-4:00 JV 3:30-5:00 RED	23 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30 GREY	25 COMP: V 2:30-4:00 WHITE 9th FB Archer Home 6:00 pm JV FB @ Archer 6:00 pm	26 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football Vs. Barkmar 7:00 pm	27 COMP: Competition @ Buford (JV & V)

	October 2025								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
September 28	29 COMP: V 2:30-4:00 JV 3:30-5:00 RED	30 COMP: V 3:00-4:30 @ ATA in Cumming JV 2:30-4:00 (at North) BLACK	SPIRIT: 9th & JV Football 2:30-4:15 V Football 3:45-5:30 GREY	2 COMP: V 2:30-4:00 WHITE 9th FB @ P-Ridge 6:00 pm JV FB P-Ridge Home 6:00 pm	3 COMP: V 2:30-4:00 JV 3:30-5:00 NEON V Football @ Peachtree Ridge 7:00 pm	4 COMP: Competition @ Seckinger (JV & V) *last comp for JV			

5	6 COMP: V 2:30-4:00 RED	7 COMP: V 3:00-4:30 @ ATA in Cumming BLACK GAME DAY 4:00-5:30	8	9 FALL BREAK	10 FALL BREAK	11 FALL BREAK
12 FALL BREAK	13 FALL BREAK	COMP: V 3:00-4:30 @ ATA in Cumming BLACK	SPIRIT: V Football 3:45-5:30 GREY	16 COMP: V 2:30-4:00 WHITE GAME DAY 4:00-5:30	17 COMP: V 2:30-4:00 NEON V Football Meadowcreek @ home 7:00 pm HOMECOMING	18 Homecoming!
19	20 COMP: V 2:30-4:00 RED	21 COMP: V 3:00-4:30 @ ATA in Cumming BLACK	22 SPIRIT: V Football 3:45-5:30 GREY	23 COMP: V 2:30-4:00 WHITE GAME DAY 4:00-5:30	24 COMP: V 2:30-4:00 NEON V Football @ Norcross 7:00 pm	COMP: Competition @ Lanier (V)
26	27 COMP: V 2:30-4:00 RED	28 COMP: V 3:00-4:30 @ ATA in Cumming (last day at ATA) BLACK	29 SPIRIT: V Football 3:45-5:30 GREY	30 COMP: V 2:30-4:00 WHITE V Football Duluth @ home 7:00 pm SENIOR NIGHT	31 COMP: V 2:30-4:00 NEON	November 1 COMP: Competition @ Cherokee (V)

	November 2025								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
2	3 SECTIONALS WEEK FOR COMP!! COMP: V 2:30-4:00 RED	4 DIGITAL DAY COMP: V 2:30-4:00 BLACK	5 GAME DAY 3:45-5:30	6 COMP: V 2:30-4:00 WHITE GAME DAY 4:00-5:30	7 COMP: V 2:30-4:00 NEON 1st Round of State for football	8 COMP: COED SECTIONALS at East Coweta HS (must place in the top 16 to qualify for state the following weekend)			
9	10 STATE WEEK FOR COMP!! COMP: V 2:30-4:00 RED	11 COMP: V 2:30-4:00 BLACK	12 GAME DAY 3:45-5:30	13 COMP: V 2:30-4:00 WHITE GAME DAY 4:00-5:30	COMP: Leave for Macon in the morning, time TBD Sweet 16	COMP: STATE at Macon Coliseum - 3 pm session			
16	17 GAME DAY 3:45-5:45 Old Gym	18 GAME DAY 3:45-5:45 Old Gym	19 GAME DAY 3:45-5:45 Old Gym	20 GAME DAY 3:45-5:45 Old Gym	21 Elite 8	22			
23	24 THANKSGIVING BREAK	25 THANKSGIVING BREAK	26 THANKSGIVING BREAK	27 THANKSGIVING BREAK	28 THANKSGIVING BREAK Final 4	29			
30 GAME DAY 2-4 Commons									

	December 2025								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	1 GAME DAY 3:45-5:45	2 GAME DAY 3:45-5:45	Game Day Competition (we will not know which day until a later date in September when they announce)	Game Day Competition	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31						